

April 2018 | DEER

# PEACE

**Proving you care more about each other than winning an argument**



Core

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# april 2018

PEACE // DEER // AQUA

Aqua strikes a calming balance between the colors of green and blue. Related colors include turquoise and aquamarine. All these colors of the sea have a dreamy quality, suggesting intuition and spirituality. They are often perceived as soothing, offering a sense of serenity and stability. Think of the beautiful waters of the Caribbean, and you might have to sigh deeply.

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PEACE

DEER

AQUA

NEWSLETTER

### SAY IT:

**Peace** is proving you care more about each other than winning an argument.

### KNOW IT:

*Ask a kid:*

- Have you ever known you were "right" in an argument but decided to let it go in order to keep the peace?
- Think of a time when you avoided a conflict you knew was about to happen. Was this difficult to do? How were you able to divert yourself from the situation?

*Ask a grown up:*

- When is the last time that you held a grudge against someone? How long did you do this? What was the end result?
- How does it feel to let someone else win an argument or conflict in order to keep the peace?
- What are some things that you have done that have helped you be successful in keeping the peace?

### SEE IT:

Watch this short cartoon about Ferdinand the Bull. He liked to sit quietly under a tree and smell the flowers. When he is taken to a ring for a bull fight, everyone is surprised because he is content with sitting quietly and peacefully smelling flowers. <https://www.youtube.com/watch?v=ALYj24vKmR4>.

### BE IT:

Choose a night this month to challenge your family to a board game, puzzle or other fun, competitive activity.

Throughout the night be aware of disagreements, challenges and arguments arising. Coach your children up by teaching them along the way the importance of keeping the peace with one another and communicating effectively.



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
30						



APRIL 2018

# Announcements

PEACE // DEER // AQUA

## Day 1:

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Our value this month is peace. You can show peace when you care more about each other than winning an argument. Have you ever had an argument with a friend? I'm sure you have – I know I have had arguments with friends. This month, we are going to look more closely at peace and how we can be peaceful with those around us.

## Day 2:

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Our color this month is aqua. Aqua is in the blue family of colors, and is another name for turquoise. It is a combination of blue and green and is known to have a calming effect on people. In ancient times, turquoise was a sign of wealth. Aqua is also the color of water, which can create a sense of peace. Remember that peace is proving you care more about each other than winning an argument.

## Day 3:

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Our animal this month is the deer. Deer are very peaceful, quiet animals, which makes them excellent representatives of peace. Remember that peace is proving you care more about each other than winning an argument.

## Day 4:

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Almost everyone you could talk to would be in favor of world peace. World peace is a big goal that would take thousands of people to achieve. What if you started today with making peace in your life as just one person? Think of a way you could make peace with someone you might have had a disagreement with. What would that look like?

## Day 5:

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The smallest deer is the pudu. It grows to be about 14 inches high and weighs about 20 pounds when full grown. That's about the size of a beagle. The largest living deer is the moose. It can grow up to 6.5 feet from hoof to shoulder and weigh around 1,800 lbs. Whether large or small, deer show peaceful behavior. Peace is proving you care more about each other than winning an argument.

### Day 6:

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Albert Einstein once said: "Peace cannot be kept by force; it can only be achieved by understanding." What do you think he meant by that? Have you ever learned something new about a person or situation that changed your opinion? Seeking to understand can help everyone involved in any situation. Give it a try!

### Day 7:

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Aqua is a very peaceful color and is a choice of many painters when they are painting rooms that might need to be calming, like those in doctors' offices or hospitals. Since there are dozens of shades of aqua, people can easily find a color they like. Many spas and hotels use aqua to help their guests relax and enjoy themselves.

### Day 8:

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International Day of Peace is observed in September and was started by members of the United Nations who wanted a day where people all over the world could observe peace no matter our differences. It is marked with parades and other celebrations. Have you ever been a part of a celebration for peace?

### Day 9:

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Mother Teresa was a very well-known and respected servant to the people of India. She once said, "Peace begins with a smile." Think about that. Does a smile make you feel better? Can a smile make someone feel safe and feel like they belong? Give it a try today. Smile at someone who looks like they need it. You might find that it makes you smile even wider when they smile back!

### Day 10:

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Have you ever heard of the Peace Corps? The Peace Corps has been working to make the world a better place for over 50 years. Peace Corps volunteers travel all over the world to help provide clean water, medicine, new farming ideas and education to those who don't have such luxuries. How do you think the work of these volunteers helps to promote peace in the world? Talk about that with a friend today. Do some research about the Peace Corps. You might want to be a part of their work for peace!

### Day 11:

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Aqua is our color this month and maybe you've found ways aqua is useful in your life. Thousands of people rent beach chairs every summer just so they can sit and look at the calming blue water. Swimming pools are trimmed with aqua tile or vinyl to deepen the reflection of the sky. Jewelry and clothes are aqua, bringing happiness, peace and tranquility to the wearers.

### Day 12:

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Sometimes people get angry at deer because they eat their gardens or their flowers. But, as people take more and more of the space that deer need to live, we will have conflict. They are just doing what deer do, eating plants. We must learn to share the world with our animal friends as well as our human friends. Sharing the world brings peace—our value for this month.

### Day 13:

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Worrying doesn't take away tomorrow's trouble. It takes away today's peace. Our **Big Idea** this month is peace—proving you care more about each other than winning an argument. Be peaceful today.

### Day 14:

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Have you ever heard the phrase, "I'd rather have peace on earth, than pieces of earth?" Share your thoughts with a friend. How do you prove you care more about each other than winning an argument?

### Day 15:

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Peace is not something you wish for, it's something you make and something you do. Our **Big Idea** this month is peace—proving you care more about each other than winning an argument. Be peaceful today.

### Day 16:

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Peace is something you are and something you give away. Think about that for a minute. How can peace be what you are? How can peace be something you give away? Our **Big Idea** this month is peace—proving you care more about each other than winning an argument.

### Day 17:

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“Men are at war with each other because each man is at war with himself.” ~Francis Meehan. What do you think this means? If you could portray this quote in a picture what would it look like? Our **Big Idea** this month is peace—proving you care more about each other than winning an argument.

### Day 18:

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Ever heard someone say, “I need my peace and quiet”? How is peace connected to silence? Take a moment in silence to think about peace. Our **Big Idea** this month is peace—proving you care more about each other than winning an argument. Be peaceful today.

### Day 19:

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Every minute you remain angry, you give up 60 seconds of peace of mind. Do you agree? **Big Idea** this month is peace—proving you care more about each other than winning an argument. Be peaceful today.

### Day 20:

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Take a moment to think about peace in your own life. Who do you argue with? Is it your siblings, parents, friends, or someone else? How can you be the first to demonstrate peace the next time you disagree?

### Day 21:

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How has your understanding of peace changed this month? Can you think of one time you chose peace over being right? As we head into a new month and a new **Big Idea**, let's not forget how important peace is in our relationships. Peace is proving you care more about each other than winning an argument.

## April: PEACE

[http://www.youtube.com/watch?v=4Yqjj\\_6WOQU](http://www.youtube.com/watch?v=4Yqjj_6WOQU)

**Title:** Peace Virtue Video

**Length:** 3:17

**Grade Level:** K-5

<https://www.youtube.com/watch?v=F62L1TaDIUk>

**Title:** A Song of PEACE For Kids | Jack Hartmann

**Length:** 2:45

**Grade Level:** K-2

<https://www.youtube.com/watch?v=ALSCRipQCDk>

**Title:** Kids for Peace: "Please, Can Peace Come to Our Earth?"

**Length:** 2:09

**Grade Level:** K-5

<https://www.youtube.com/watch?v=C3W1DSKneu4>

**Title:** What Is Peace? Students Share Their Thoughts

**Length:** 2:12

**Grade Level:** K-5

<https://www.youtube.com/watch?v=mxidrVmwznU>

**Title:** "A Song of Peace" with lyrics

**Length:** 4:06

**Grade Level:** K-5





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*Big Red Lollipop* by Rukhsana Khan (K-5)

*This Moose Belongs to Me* by Oliver Jeffers (K-2)

*Peace, Baby!* by Linda Ashman (K-2)

*Chloe and the Lion* by Mac Barnett (3-5)

*The Lion's Share* by Matthew McElligott (K-3)

*Martha Doesn't Share!* by Samantha Berger (K-2)

*Best, Best Friends* by Margaret Chodos-Irvine (K-2)

*Feathers and Fools* by Mem Fox (3-5)

*Llama, Llama and the Bully Goat* by Anna Dewdney (K-2)

*Odd Dog* by Claudia Boldt (K-3)

*All for Me and None for All* by Helen Lester (K-5)

*Out of the Woods: A True Story of an Unforgettable Event*  
by Rebecca Bond (2-5)

*Duck & Goose* by Tad Hills (K-5)

*We Found a Hat* by Jon Klassen (K-2)

*Ella May and the Wishing Stone* by Cary Fagan (1-5)

*If You Plant a Seed* by Kadir Nelson (PK-3)

*Horace and Morris but Mostly Dolores* by James Howe (K-3)

*The Peace Book* by Todd Parr (PK-2)

*Peace Week in Miss Fox's Class* by Eileen Spinelli (K-3)

*Peace is an Offering* by Annette LeBox (PK-1)



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“ He has great tranquility of heart who cares neither for the praises nor the fault-finding of men.

—Honoré de Balzac

“ The only way to get the best of an argument is to avoid it.

—Dale Carnegie

“ Peace is not an absence of war; it is a virtue, a state of mind, a disposition for benevolence, confidence, justice.

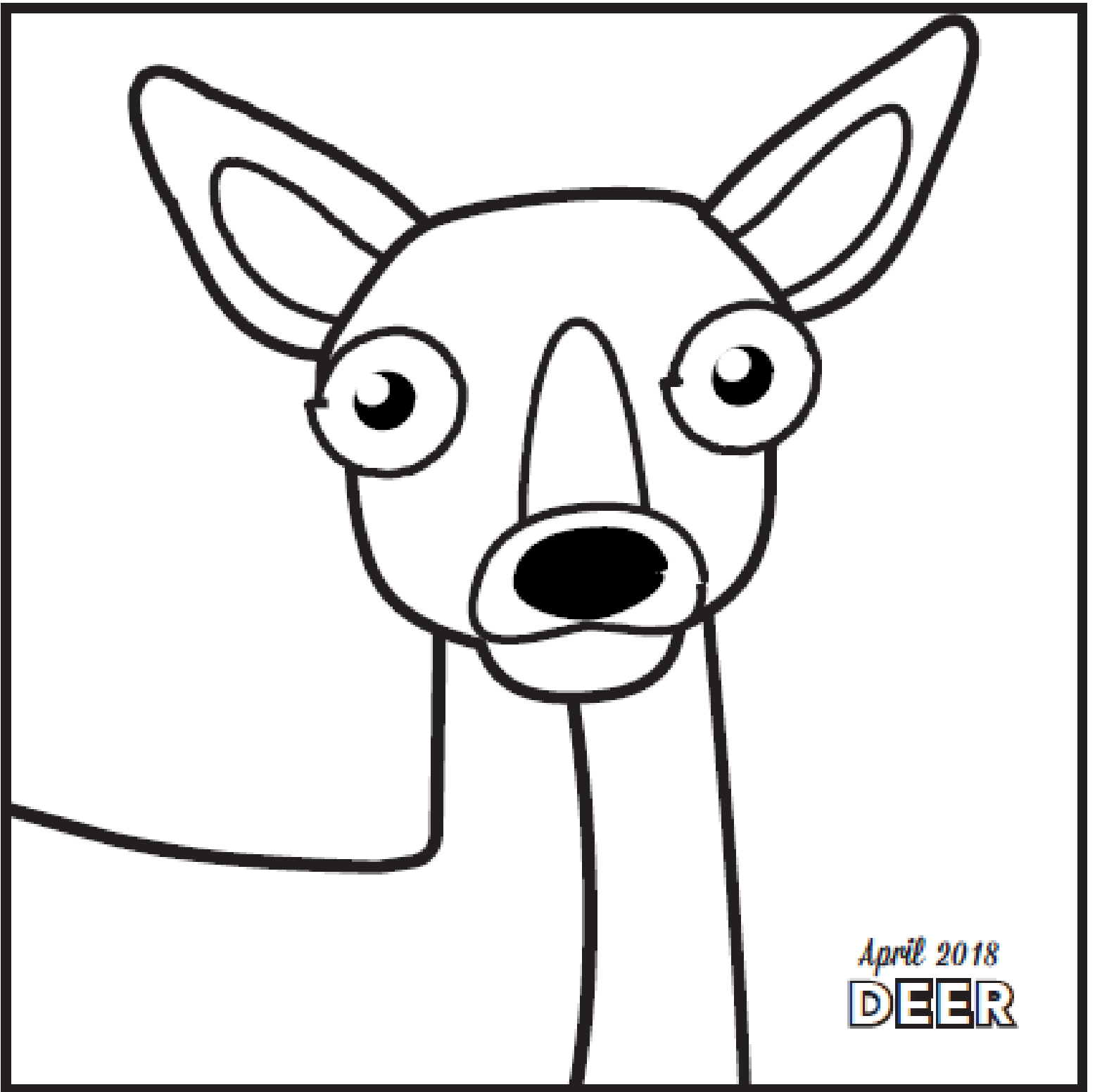
—Benedict de Spinoza

“ We can never obtain peace in the outer world until we make peace with ourselves.

—Dalai Lama (XIV)

“ While you are proclaiming peace with your lips, be careful to have it even more fully in your heart.

—St. Francis of Assisi



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PEACE

\_\_\_\_\_ is proving you \_\_\_\_\_ more  
about each other than \_\_\_\_\_ an argument.

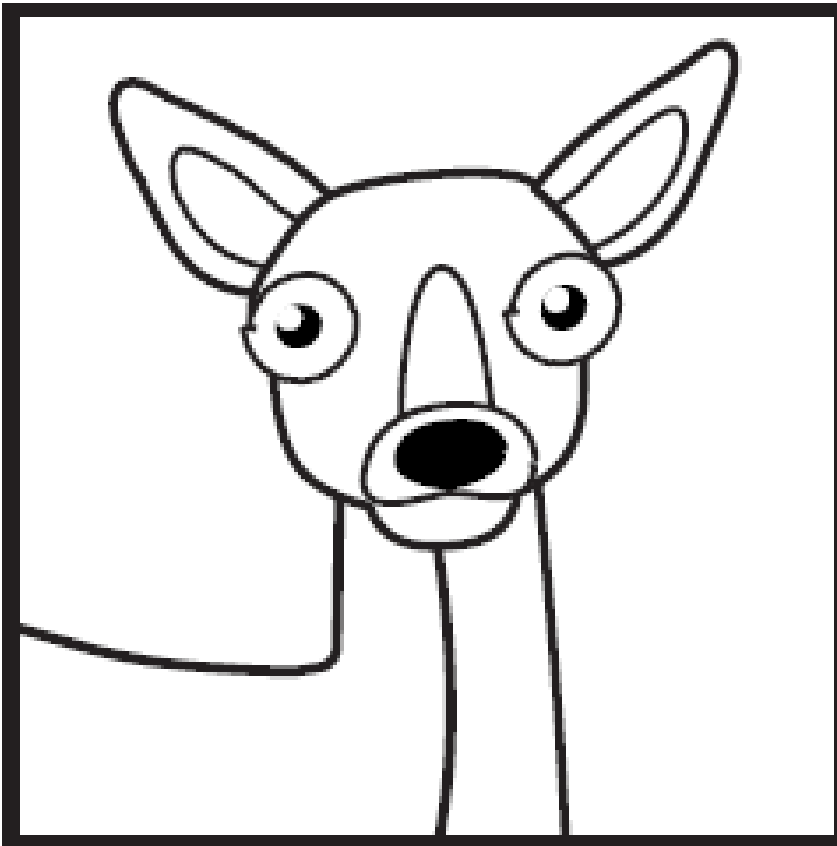
PEACE

\_\_\_\_\_ is proving you \_\_\_\_\_ more  
about each other than \_\_\_\_\_ an argument.

**I can show \_\_\_\_\_ when I \_\_\_\_\_ .**

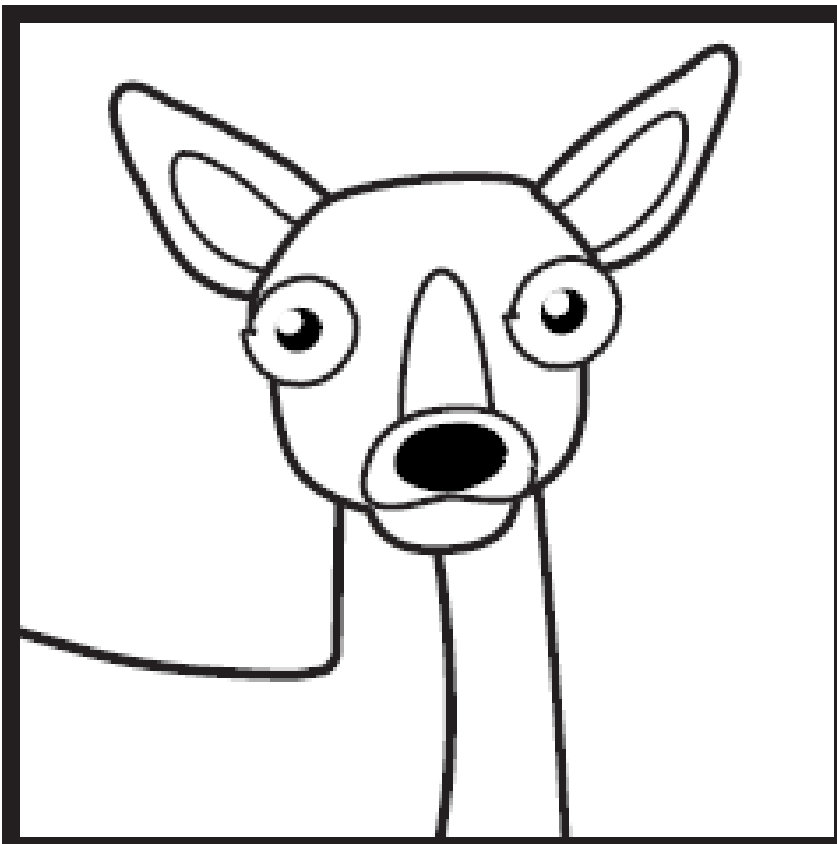
**I can show \_\_\_\_\_ when I \_\_\_\_\_ .**

R  
E  
E  
D



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more about each  
other than winning  
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R  
E  
E  
D



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